

## ARTS



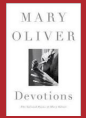
### Louise Bourgeois

I love & admire artist Louise Bourgeois, mother of American feminist identity art recognised as one of the best and most influential female artists of modern and contemporary art. All art comes from terrific failure and the terrific needs we have. Art is a way of recognising oneself. - Louise Bourgeois (1988)



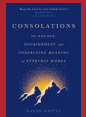
### Girl, Woman, Other

A startling book about modern Britain and womanhood ... "passionate, razor-sharp, brimming with energy and humour. There is never a single moment of dullness in this book."- Booker Judges



### Mary Oliver

I love Mary Oliver's pragmatically wonderful poems which ask deep and challenging questions around purpose, values and principles. "Tell me, what is it you plan to do with your one wild and precious life?"



### David Whyte

His poetry and prose speak to me from another place, a different universe yet it helps me negotiate this world. "We are a form of invitation to others, to otherness."

## NEUROSCIENCE / PSYCHOLOGY



### An interview to introduce psychoanalyst Adam Phillips

A brilliant observer of human behaviour. "I'm not at all averse to self-help," he says. "I just think there are certain things a self-help book can't do for you, but anything it can do is good. For me, all literature is self-help."

## EDUCATION / LEARNING



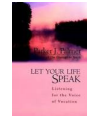
### Sean Tan

A writer and illustrator of deep commitment to understanding self, diversity & accepting 'otherness'.



### 2040

Damon Gameau's book (and film) was written as a letter to his first child, a daughter, to explore what the future will look like 20 years from now. It's deeply moving, highly relatable and extremely important work offering positive solutions to climate change. It should be seen or read by every human on the planet.



### Parker Palmer

Every time Palmer writes and speaks it comes from a place of soul, his ego-less approach to life is inspirational. "Before you tell your life what you intend to do with it, listen for what it intends to do with you. Before you tell your life what truths and values you have decided to live up to, let your life tell you what truths you embody, what values you represent."

## SCIENCE / AWE / WONDER



### Fritjof Capra

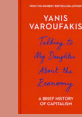
In 1988 I read Uncommon Wisdom & discovered I was fascinated by Science. As a physicist Capra introduced the world to systems thinking and deep ecology. In his landmark book The Tao of Physics he claims that both physics and metaphysics lead inexorably to the same knowledge, an assertion I agree with.

## LEADERSHIP



### Dame Quentin Bryce, AD, CVO

25th Governor-General of Australia 2008-2014. 24th Governor of Queensland from 2003-2008. Outstanding human, liberterian, leader, friend, role model, arts lover. I love her!



### Yanis Varoufakis

I love his deep intellectual and humane vision for a new way for human beings to live in the world.



### Arundhati Roy

Her thought provoking essay on the pandemic offers a real challenge to think about the 'new normal'. "Historically, pandemics have forced humans to break with the past and imagine their world anew. This one is no different. It is a portal, a gateway between one world and the next. We can choose to walk through it, dragging the carcasses of our prejudice and hatred, our avarice, our data banks and dead ideas, our dead rivers and smoky skies behind us. Or we can walk through lightly, with little luggage, ready to imagine another world. And ready to fight for it."

## PEOPLE / AUTHORS / THOUGHT LEADERS

JUDITH'S LOVES SEANOT'S HITTER